LUNCH FALL 2018



Starters

Flash Fried Brussels Sprouts
With shaved parmesan (gf/v)

Butterbean Hummus

Topped with sundried tomatoes and capers served with crudités and pita (vegan/gf)

Hot Kale and Artichoke Dip

Served with pita (v)

Warm Goat Cheese

Served with fig jam and crostini (v)

White Truffle Fries

Hand cut fries with truffle oil (vegan/gf)

Braunschweiger Plate

Served with saltines, mustard, and b&b pickles

Homemade Soups	
cup	3
bowl	6

It has been our pleasure to serve downtown Knoxville since 1980!

Patty Melt on Rye Served with caramelized onions and swiss

Salads

10	House	small 3	large 5.95
	Romaine with carrots, tomatoes,		

8 croutons, cucumbers & sprouts (vegan)

Caesar small 4 large 5.95

With parmesan and croutons

8 Winter Chef
Romaine lettuce topped with turkey, bacon,

boiled eggs, house pickles, cheese and tomatoes (gf)

Black & Blue Salad 16

Julienned blackened NY strip over crisp romaine lettuce with blue cheese crumbles, red onion, tomatoes and cucumbers (gf)

Harvest Chicken Salad 12

Romaine lettuce with dried cranberries, red onions, blue cheese & pecans (gf)

"Kale Waits for No One" Salad
Kale with cranberries, roasted beets,

Add any protein to any salad:

pecans and quinoa (vegan/gf)

Tofu, pork or chicken (gf) 4

Salmon or shrimp (gf) 8

Cruze Farm Buttermilk, Blue Cheese, Honey Dijon, Russian, Balsamic Vinaigrette, Caesar (gf)

Gourmet Hamburgers — Chicken Sandwiches — Veggie Burgers

The Basic (choice of black angus hamburger, blackened chicken or veggie burger)
 Served on Kaiser roll with house-made chips

10.75

9

Add signature toppings:

Buffalo and Blue Cheese
 10

8

8

Bourbon Glazed with Fig Jam and Goat Cheese
 12

• Fire on the Mountain With house made pimento cheese and chow-chow 10

Cheeses: Jalapeno Pimento, Swiss, Gorgonzola, Cheddar and American

Gluten-free buns available upon request.Share a basket of home cut fries for \$4.

8

Deli Served with kettle chips and pickle

Turkey Bacon Club

Turkey, bacon, cheddar, cranberry aioli and arugula on rye

Bourbon Glazed Pork Panini

With cheddar cheese and house pickles

Sweet Potato Kale Wrap

With dried cranberries, red onion, pecans and balsamic glaze (vegan)

Soup & Sandwich Combos

10 Soup and Sandwich Combo

8.50

Enjoy a cup of our homemade soup with any of the following served on your choice of

toasted whole wheat, marble rye or sourdough

Sandwich Only

5.50

- Turkey
 - Jalapeno Pimento Cheese
 - Chicken Salad
 - BLT
 - Egg Salad freshly made with bread and butter pickles

(Soup comes first unless your request otherwise. Add cheese for \$1)

LUNCH FALL 2018



16oz. New York Strip	24
Topped with sundried tomatoes, capers,	
garlic olive oil, served with choice of side (gf)	

Butternut Squash Ravioli	16
In brown butter with gorgonzola (v)	

Curried Vegetable Bowl
With sweet potatoes, kale, tofu,
red onion and quinoa (vegan/gf)

Hoppin' John 10
Collard greens over basmati rice and black-eyed peas topped with house made chow-chow (vegan/gf)

Brussels Sprouts Panzanella Salad 12 Served warm with toasted pecans, bacon, croutons, cranberries and blue cheese over kale

Classic Southern Chicken Salad Served with fruit and cottage cheese (gf)

Add a house or caesar salad to any entrée for \$3.

Add any protein:	
Tofu, pork or chicken (gf)	4
Salmon or shrimp (gf)	8

Chicken Fried Steak with Herbed Gravy

Happy Hen Eggs

Fresh from our local farmers with choice of cheese grits, cheesy brunch

Potatoes sautéed with beets and

Red Flannel Hash topped with Poached Eggs

onions with sour cream and cheese (v/gf)

potatoes or fresh fruit (v/gf)

Protein Power Lunch

Served with cup of soup or house salad and choice of side (gf)

• 8oz Chop Steak	10
Herbed Chicken	12
Grilled Salmon	18
Bourbon Glazed Pork Loin	10
 Veggie Plate (any three vegetables) 	9



3.50

Spiced Apples (vegan/gf)

Flash Fried Brussels Sprouts (vegan/gf)

Collard Greens with hot pepper vinegar (vegan/gf)
Braised Kale with garlic and olive oil (vegan/gf)

Roasted Beets in balsamic vinegar

topped with blue cheese (v/gf) Veg of the day

(please ask about our gluten-free and vegetarian options)



Brunch Entrées Served from 10-3 Saturdays and Sundays Entrées served with our freshly baked biscuits, butter and blackberry jam on request.

14

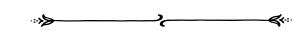
10

Three eggs any style with cheesy brunch potatoes or cheese grits	14
Brunch Burger topped with Fried Egg Served open-faced on english muffin with cheddar cheese, bacon with cheesy brunch potatoes or cheese grits	14
Biscuit and Gravy Bowl With grilled andouille sausage, gravy with cheesy brunch potatoes or cheese grits	12
Cool Hand Luke 10 egg omelet with your choice of up to 4 ingredients with cheesy brunch potatoes or cheese grits	18
Kale Omelet With mushrooms and goat cheese (v/gf)	12
Fried Egg Sandwich Sourdough toast and cheese (v)	8
add ham, bacon or soy sausage	2.75
Apple Cinnamom Quinoa Bowl Topped with house made granola and pecans (vegan/gf)	8



Bloody Mary Pimm's Cup Mimosa Morning Mule

Ask your server for our full wine and cocktail list.



3 for 8

10

2 for 6

DINNER FALL 2018



Starters

Flash Fried Brussels Sprouts With shaved parmesan (gf/v)	10
Butterbean Hummus Topped with sundried tomatoes and capers served with crudités and pita (vegan/gf)	8
Hot Kale and Artichoke Dip Served with pita (v)	8
Warm Goat Cheese Served with fig jam and crostini (v)	8
White Truffle Fries Hand cut fries with truffle oil (vegan/gf)	6
Braunschweiger Plate	8

Homemade Soups	
cup	3
bowl	6

Served with saltines, mustard, and b&b pickles

Salads

House Romaine with carrots, tomatoes, croutons, cucumbers & sprouts (vegan)	small 3	large 5.95
Caesar With parmesan and croutons	small 4	large 5.95
"Kale Waits for No One" Salad Kale with cranberries, roasted beets, pecans and quinoa (vegan/gf)		10
Harvest Chicken Salad Romaine lettuce with dried cranberries, red onions, blue cheese & pecans (gf)		12

Tofu, pork or chicken (gf) 4
Salmon or shrimp (gf) 8

Cruze Farm Buttermilk, Blue Cheese, Honey Dijon, Russian,

Add any protein to any salad:



Balsamic Vinaigrette, Caesar (gf)

3.50

Spiced Apples (vegan/gf)

Flash Fried Brussels Sprouts (vegan/gf)

Collard Greens with hot pepper vinegar (vegan/gf)

Braised Kale with garlic and olive oil (vegan/gf)

Roasted Beets in balsamic vinegar

topped with blue cheese (v/gf)

Veg of the day

(please ask about our gluten-free and vegetarian options)



Check Out Our Nightly Specials!

* Live Jazz Wednesday – Sunday * www.thebistroatthebijou.com

Entrées 16oz. New York Strip 24 Topped with sundried tomatoes, capers, garlic olive oil, served with choice of side (gf) **Bourbon Brined Pork Loin** 16 Two boneless 4oz. chops with apples and collard greens Salmon with Orange Ginger Glaze 22 Served over basmati rice with braised kale (gf) **Butternut Squash Ravioli** 16 In brown butter with gorgonzola (v) 10 **Curry Vegetable Bowl** With sweet potatoes, kale, tofu, red onion and quinoa (vegan/gf) **Brussels Sprouts Panzanella Salad** 12 Served warm with toasted pecans, bacon, croutons, cranberries and blue cheese over kale Hoppin' John 10 Collard greens over basmati rice and black-eyed peas topped with house made chow-chow (vegan/gf) Add any protein: Tofu, pork or chicken (gf) Salmon or shrimp (gf)

Gourmet Hamburgers, Chicken Sandwiches & Veggie Burgers

Add a house or caesar salad to any entrée for \$3.

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 The Basic (choice of black angus hamburger, blackened chicken or veggie burger) Served on Kaiser roll with house-made chips 				
Add signature toppings:				
 Bourbon Glazed with Fig Jam and Goat Cheese 	12			
• Fire on the Mountain With house made pimento cheese and chow-chow	10			
 Patty Melt on Rye Served with caramelized onions and swiss 	10.75			
Cheeses: Jalapeno Pimento, Swiss, Gorgonzola, Cheddar & Ame. * Gluten-free buns available upon request. * Share a basket of home cut fries for \$4.	rican			

Turkey Bacon Club Turkey, bacon, cheddar, cranberry aioli and arugula on rye Bourbon Glazed Pork Panini With cheddar cheese and house pickles Sweet Potato Kale Wrap With dried cranberries, red onion, pecans and balsamic glaze (vegan)

DINNER FALL 2018



\$10

bottled wines		glass or bottle wines		beer
RED		RED		Bud & Bud light
Cline Syrah 2014 Sonoma county Diora Pinot Noir Monterey CA 100% pinot noir Dry Creek Zinfandel Sonoma County Klinker Brick Farah Syrah Lodi CA	32 42 36 42	Bogle Petite Syrah Los Carderos Malbec Smoking Loon Pinot Noir Grayson Cellars Cabernet Farmhouse Red Blend Noble Vines 181 Merlot	7/28 7/28 7/28 8/32 7/28 6/18	Miller High Life Miller Lite Coors Lite Yeungling Blue Moon Shiner Boch Cider Chimay Ballast Point Grapefruit Sculpin
		<u>WHITE</u>		Pilsner Urquell Bell's Two Hearted Ale
WHITES		Walnut Crest Chardonnay	6	Guinness Stout
Kim Crawford Sauvignon Blanc	42	Gnarly Head Pinot Grigio	7/28	PBR Stella Artois Lagunitas IPA Highland Black Mocha Stout
Clean Slate Reisling Mosel Ger	24	Vilacetinho Vino Verde	7/28	
Irony Chardonnay (unoaked) Monterey CA	24	Kendall Jackson Chardonnay	8/32	
Ruffino Proseco	28	Noble Vines 242 Sauvignon Blanc	7/28	Dog's Head Sea Quench Ale
Davis Bynum Chardonnay Russian River	48	Vueve Devienne (bubbly)	7/28	
Bonny Doone 2015 Picpoul All natural wine		House Champagne	5/14	* HAPPY HOUR
		Frexinet Cava Split	7	4.50 & 2.25 PINTS \$1 off/glass of wine
				\$1 off/glass of Wine Monday thru Friday 3pm-6pm

\$10

classic cocktails

RUSTY NAIL

DRAMBUIE AND DEWARS

FRENCH 75

HENDRIX GIN, LEMON, ST GERMAINE, **CHAMPAGNE**

POST MODERN GIMLET

LOCAL GIN, LIMES

GINGER ROGERS

LOCAL GIN, GINGER SYRUP, LEMON

GAY GODIVA MARTINI

CHOCOLATE LIQUER, VANILLA VODKA

LEMON DROP

CITRUS VODKA, FRESH LEMONS

MANHATTAN

BULLIT RYE, SWEET VERMOUTH, CHERRY

OLD FASHIONED

MAKER'S MARK, ORANGE BITTERS SUGAR TOPPED WITH SODA

MILLIONAIRE'S COFFEE

BAILEY'S, KAHLUA, FRANGELICO

NEGRONI

GIN, NEGRONI, SWEET VERMOUTH

BULLIT RYE, ABSINTHE, SUGAR, BITTERS

TEQUILA SUNRISE

GOLD TEQUILA, OJ, GRENADINE

OLD CUBAN

BARBADOS RUM, MINT, LIMES

TOASTED ALMOND

KAHLUA, AMARETTO, CREAM

seasonal cocktails

CRANBERRY PIMMS CUP

PIMM'S #1 LIQUER, FRESH CUCUMBER SEASONAL FRUIT, CLUB SODA

BOURBON MILK PUNCH

KNOB CREEK SMALL BATCH BOURBON, CLOVE SYRUP, CRUZE FARM MILK

DARK & STORMY

GOSLING'S DARK RUM, **GINGER BEER LIME**

UPTOWN APPLE MARTINI

SPLASH OF MIDORI, APPLE VODKA, PATRON

ROSEMARY BLOOD ORANGE FIZZ

WITH LOCAL GIN, ROSEMARY SYRUP

THE BEE'S KNEES

HENDRIX GIN, ST GERMAINE, HONEY ORANGE MARMALADE, SODA

MISS LIL

BUTTERSCOTCH SCHNAPPS, BAILEY'S IRISH CREAM

SALTED CARAMEL WHITE RUSSIAN

OLD SMOKEY SALTED CARAMEL WHISKY,

KAHLUA, CREAM

CRANBERRY GINGER CIDER COCKTAIL

FRESH FRUIT AND SPICED RUM

HARVEST MULE

APPLE VODKA, CIDER, LIMES, GINGER

APPLE PIE ON THE ROCKS

FIREBALL, APPLE VODKA, CIDER

BLOOD ORANGE COSMOPOLITAN HANGAR ONE MANDARIN ORANGE VODKA